



Handcrafted Sandwiches, Soups & Salads

374 Union Street
In the Union Mill
Peterborough, NH 03458

603-924-2233, ext. 1

www.NaturesGreenGrocer.com

Café Made-to-Order Open:

11AM-4PM Everyday

Prepared Foods, Pastries, Soups, Sushi,

Grab & Go Meals Available All Day!

Store open 'til 7pm daily!

Organic Kids Menu

TURKEY & CHEESE 8.99

Oven Roasted Turkey with your choice of cheese,
Mayonnaise & Lettuce

GRILLED CHEESE 7.99

Your choice of local sourdough bread & cheese

ALMOND BUTTER & BANANA PANINI 8.99

Fresh Almond Butter & Sliced Banana

Organic Fruit Smoothies

All made with dairy or non-dairy milk

All ingredients organic

STRAWBERRY BANANA 6.99

Strawberry, Banana

TROPICAL VACATION 6.99

Mango, Pineapple, Banana

MIXED BERRY 6.99

Blueberry, Strawberry, Raspberry

CITRUS BERRY SMASH 6.99

Raspberry, Pineapple, Orange Juice

ALMOND BUTTER BLISS 7.99

Banana, Almond Butter, Strawberry

GREEN PIÑA COLADA 7.99

Banana, Pineapple, Spinach, Coconut

Organic Handcrafted Sandwiches

*Served on your choice of Local Sourdough Breads, wraps, house made
Focaccia or Local GF Bread*

CHIPOTLE CHICKEN 8.99

Chipotle Aioli, Oven Roasted Chicken,
Pepper jack Cheese, Roasted Red Onion,
Tomato & Lettuce

PESTO TURKEY 8.99

Pesto Aioli, Oven Roasted Turkey,
Provolone Cheese, Tomato & Lettuce

THE BEAST 8.99

Horseradish Aioli, Roast Beef, Smoked Cheddar Cheese,
Pickled Onion, Tomato & Lettuce

BLACK FOREST HAM & ROASTED APPLE 8.99

Dijon Aioli, Black Forest Ham,
Swiss Cheese, Roasted Apple,
Roasted Red Onion & Lettuce

HOT PRESSED TURKEY REUBEN 8.99

Thousand Island Dressing, Oven Roasted Turkey,
Swiss Cheese & Sauerkraut

ROASTED GARLIC CHICKEN 8.99

Roasted Garlic Aioli, Oven Roasted Chicken,
Provolone Cheese, Tomato & Fresh Spinach

GARDEN PATCH WRAP 8.99

House-made Garlic White Bean Hummus,
Red Cabbage, Carrot, Cucumber, Pickled Red Onion,
Pea Shoot & Spring Mix Greens

VERMONT BLACK BEAN BURGER 9.99

Regular or Vegan Mayonnaise, Fresh Spinach,
Regular or Vegan Cheddar Cheese,
Black Bean Burger & Fresh Avocado

AVOCADO BLT 9.99

Pesto Aioli, Avocado, North Country Bacon (NH),
Tomato & Lettuce

CHICKEN SALAD DU JOUR 9.99

Our daily Chicken Salad as a sandwich with
lettuce, tomato & your choice of cheese.

**Make it VEGAN with tofu, vegan mayonnaise, or vegan
cheddar cheese.**

Organic Fresh Salads

All dressings are VEGAN and made in-house.

FARMHOUSE APPLE 9.99

Mixed Greens, Roasted Apple, Candied Walnut, Celery
& Blue Cheese with Balsamic Vinaigrette

NATURE'S BOUNTY 8.99

Mixed Greens, Tomato, Carrot, Cucumber, Roasted Red
Onion, Hemp Seed with Tarragon Vinaigrette

ALL KALE CAESAR 8.99

Organic Green Kale, Parmesan, Sourdough Herb
Crouton, Hemp Seed with Vegan Caesar Dressing

HARVEST 9.99

Mixed Greens, Carrot, Cranberry, Red Cabbage,
Roasted Pumpkin Seed, Smoked Cheddar Cheese with
Maple Tahini Vinaigrette

Add-ons for salads (extra charge)

- Avocado - Grilled Tofu - Roasted Chicken Breast
-Chicken Salad Du Jour